

## Food for Thoughts, Hosted by United Way of Greater Stark County's Speaker Bureau

Enjoy lunch. A powerful hour of learning, connection, and impact.

United Way of Greater Stark County's 4-part, **Food for Thought** Series is a one-hour lunch and learn series designed to be interactive, inspiring, and informative. Each session includes **a free lunch**, **dynamic facilitation**, and **meaningful conversation** that explores how we can all help children and families thrive.

## **Session Overview:**

## Session 1: United Way—Who We Are, What We Do, and Why It Matters

Get to know the heart of United Way's mission, and how we mobilize people and resources to drive lasting change.

# Session 2: Building Skills for Children and Families Living in Poverty

Explore the power of education, mentorship, and life skills in helping families overcome systemic barriers.

Session 3: Building Relationships for Children and Families Living in Poverty Discover the critical role of trust, social connections, and community in creating stability and belonging.

Session 4: Building Household Stability for Children and Families Living in Poverty Understand the interconnected issues of housing, income, and access—and what works to build stronger homes.

Perfect for workplace teams, civic groups, or community partners.

## Looking for Customized Food for Thought or Interactive Experience?

United Way can coordinate a tailored presentation for your workplace or group that aligns with our community investment priorities and your team's interests—such as hunger, mentoring, or after-school programs. Many of our partners are subject matter experts and are eager to share insights through engaging presentations, panel events, discussions, or interactive activities.

You could consider providing lunch or snacks for your team at your location. A team building experience for your team: learning, connection, and impact.

#### To learn more or schedule a session, contact your United Way Account Manager.